

GWRRA GEORGIA CHAPTER H



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If you are interested in filling a staff position in Chapter H, please contact any of the Chapter Staff listed above.

Do you get value from your membership?

Miriam – Webster defines value as the amount of money that something is worth; the price or cost of something; something that can be bought for a low or fair price; usefulness or importance. While I think that each of us can define value in different ways, it all comes down to did I get the quality I expected for the price I paid? Did the thing I bought perform as I expected? We use the process of determining the current worth of things we purchase in our lives every day, even when you buy your lunch. Do you feel that you get quality from your membership? Do you take advantage of the many benefits of your membership? If you feel like you do not get value from your membership it could be because you are not aware of the benefits that are available. Here are just a few: *Wing World* magazine that provides information about the Gold Wing and Valkyrie as well as product evaluations, rider's stories, technical information and upcoming National, Regional, District and Chapter events. Rescue Towing and Roadside Assistance that provides free 24/7 towing up to 35 miles per disablement and roadside assistance for any motorcycle you are riding including as a passenger and if you have a family membership, your registered household family members are also covered. Gold Book Directory that lists members by state to assist in lodging, tools, directions or help with getting you and your bike to a safe location. Rider Education seminars and riding courses provided by trained instructors are available to teach or refresh riding skills that will improve your confidence and provide you the

opportunity to learn more about safe motorcycle riding. Riding courses are provided with a nominal fee and seminars are provided at no cost. No matter how long you have been riding, you could learn something new or recall something that will improve your riding skills. CPR and First Aid classes are available for a nominal fee that will teach basic lifesaving skills or refresh the skills needed to save a life if you are confronted with a situation where performing these procedures could save a life. If you have aspirations of serving the membership in a leadership role or just want to learn more about GWRRA there are Leadership Training classes available at no cost. In addition to these benefits, your membership also entitles you to discounts for products and services at locations like Big Bike Parts, GWRRA Wireless Center, Sears Commercial Marketplace, Office Max, JC Motors Transport, Life Lock Identity Theft Protection Program, Windham Hotels including Ramada, Wingate, Days Inn and KOA. If you are into cruises like John and Lynn Hyde, there is a Wingers and Waves cruise each January at a discount price. For Betty and I one of the best benefits is the friendships we have made. No matter how you define value, you have to see that the price of membership in GWRRA is definitely a value.

Betty and Bill



**Motorist Awareness
is our Responsibility**

Hot Weather Riding Tips

CLOTHING - Once the temperature outside exceeds that of body temperature you need to wrap up rather than undress. Why? 1) to reduce water loss from evaporation 2) create a cooler microclimate around your body 3) prevent serious sunburn. **WATER COOLING** - Riding in wet clothes is much cooler. Wet your scarf and hair, and in very hot conditions soak everything if possible and do it every hour or so. **PREVENT FATIGUE** - Stop frequently to rest, stretch, move around, drink water and cool down. Research shows that accident rates are reduced by regular short rest breaks. **PREVENT SUNBURN** - Remember that you can burn through many lightweight fabrics (a good reason to go for denim/heavy cotton outer garments). Slap on total sun block with highest SPF (Sun Protection Factor) for those exposed bits of flesh. **DEHYDRATION** - Signs are less frequent urination (urine passed will be less in volume and darker in color), fatigue, headache, dizziness and cramps. Dehydration can be very serious but it is preventable. Drink lots of water. This is probably the most important thing about riding in hot weather. Consider using drinking bottles which allow you to drink while on the move. If not, stop often and make sure you carry a good supply of water. Remember that salt is lost through sweat and in extreme circumstances you may need to keep up levels. Products like Gatorade are designed to replace body salt and electrolytes. **ON THE MOVE** - Start riding early in the day (at daybreak in extremely hot climates). Stopping by midday and having an extended siesta makes good sense. When riding at dusk or dawn watch out for animals on the road. Where there is a choice of routes, take the road at higher altitude. It will be cooler and may be more fun. Keep your water bottles full. Keep moving or turn your engine off. Riding flat out can also lead to engine overheating. Never throw cold water on a hot engine – it could crack. Use the correct engine oil & check level often. If the oil gets too hot it may be too thin to lubricate effectively. Do the usual motorcycle checks maintenance checks. **T-CLOCS** – but more often. And finally, **REMEMBER** to carry warm clothes and waterproofs. Many hot climates can also get very cold and wet. Think Safety

Group Ride Rules of the road

- *2 second Stagger*
- *Follow Lead*
- *Check 3 and 6 o'clock*
- *Listen to Drag*



Happy Birthday to:

Apr 18th Pat Taylor

Apr 21st Raymond Jones



Happy Anniversary to:

Apr 2nd John & Sheila Andrews



Rides and Events

- Apr 13th— Moultrie Meeting - Depart Moree's Store at 5:30 PM
- Apr 17th— Tifton Meeting - Depart Shell on Clark Ave at 6 PM
- Apr 27th—Chapter H monthly meeting

Lets Rally

June 22-24 2017

Ga District Rally

Dalton, GA

Aug 29-Sep 2 2017

Wing Ding 39

Grapevine, Tx

Oct 26-28 2017

Region A Rally

Eufaula, AL